

SERMON OUTLINE

Market Street Church of Christ ♦ 3745 Market St. NE, Salem, OR 97301 ♦ (503) 362-5634

Forgiving Myself

January 31, 2010

I. Introduction

- A. God and His Forgiveness: Isaiah 1:18; Titus 3:5-8
- B. Shooting Ourselves in the Foot: Hebrews 10:35
- C. Why the doubt? Lethargy? Because I haven't let go and moved on!!!

II. Learning to Forgive Myself

A. Letting Myself Down (The Result of Sin)

- 1. Romans 7:15 - Ever feel this way? You let God / self down
- 2. 1 Timothy 1:15 - foremost of sinners - Ever feel this way?
- 3. 1 John 1:8 - Lie because we don't want to face it!
- 4. Peter - Luke 22:62 - wept bitterly!!!
- 5. David - Psalm 51:3 - "I know my transgressions and my sin is ever before me."

B. Dealing with Disappointment: A Poor Example: Judas

- 1. Matthew 27:1-5 - Great opportunity - no forgiveness
- 2. **Reasons We Don't Turn to Jesus**
 - a. I try to fix my mistakes myself (sorrow for consequences)
 - b. I am proud - I don't want others to know: James 1:21
 - c. I am not willing to change
 - (1) "I'm sorry I live for \$\$\$" - Then STOP living for it!!!
 - (2) Isaiah 1:19-20 - Live right!

C. A Good Example: David

- 1. Psalm 51 - After his sin of adultery, deception, and murder
- 2. **How to Forgive Myself**
 - a. Accept
 - (1) I can't fix it / undo it / take it away [3]
 - (2) I need forgiveness from God (I've hurt Him) [4]
 - (3) I have a faith problem (trust God to provide) [6]
 - b. Commit
 - (1) I will be challenged, I need a steadfast spirit [10]
 - (2) Clean my heart (from the inside out) [10]
 - (3) Willingly seek what God desires for me [12]
 - (4) Get serious about living (not for show) [16-17]
 - c. Target: Peace comes with faith (Philippinas 4:9 - Do it!)